Equine Herpesvirus
Myeloencephalopathy Incident
Guidelines for State Animal Health Officials

Revised January 2018
Table of Contents

Introduction ........................................................................................................................................4
Definitions .......................................................................................................................................6
Diagnostic Testing ..........................................................................................................................9
Quarantine Placement ....................................................................................................................17
Quarantine Release ........................................................................................................................23
Investigation .................................................................................................................................26
Biosecurity Recommendations ......................................................................................................28
Communication .............................................................................................................................32
Vaccination .....................................................................................................................................37
Appendix .........................................................................................................................................39
References .......................................................................................................................................55
Introduction

On October 19, 2013, the American Association of Equine Practitioners Foundation (AAEP) and the United States Animal Health Association (USAHA) Committee on Infectious Diseases of Horses (IDOHC) sponsored an Equine Herpesvirus-1 (EHV-1) Workshop. The workshop identified a need for regulatory consensus on case definition, outbreak definition, quarantine parameters, diagnostic testing and biosecurity practices for Equine Herpesvirus Myeloencephalopathy incidents. USAHA IDOHC established an EHV-1 subcommittee to develop a consensus document related to the EHV-1 regulatory mitigation.

This document represents an updated version of the original guideline developed by the subcommittee. (Updated in January 2018).

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During Equine Herpesvirus Myeloencephalopathy (EHM) incidents, the state animal health officials’ (SAHO) goal is to prevent the spread of the disease agent, specifically Equine Herpesvirus-1. Science-based disease control protocols, adapted to the specific incident, control disease spread while ensuring compliance and minimizing the impact on equine movement. There is no single protocol that can be applied to all EHM incidents as there are multiple factors that must be considered when determining the optimal disease containment response. This guidance
The document provides SAHOs, with science and field experience based control guidance to be considered during an EHM incident. This guidance document is an evolving document.

Questions or concerns regarding this document can be directed to the chair or vice chair of the Committee on Equine. For committee chair or vice chair contact information visit:

http://www.usaha.org/committees
DEFINITIONS

Assumption: The definitions are intended to be utilized during an EHM incident. The document is based on diagnosis or suspicion of one or more Equine Herpesvirus Myeloencephalopathy (EHM) cases.

EHM Incident: Detection of one or more confirmed cases of EHM, and where there is confirmation of disease agent spread or evidence of potential for disease transmission from an EHM confirmed case to additional horses in a population.

Index Definitions:

1. **Confirmed Index EHM Case**: A horse displaying signs of central nervous system (CNS) dysfunction, including but not limited to hindlimb incoordination, weakness, recumbency and/or urinary bladder atony, with evidence of infection with any strain of EHV-1 based on virus isolation and/or PCR testing of nasopharyngeal/nasal swab or blood (buffy coat) specimens. If the horse dies or is euthanized, the case can be confirmed based on histological evidence and detection and/or demonstration of EHV-1 in CNS tissues collected at necropsy.

2. **Suspect Index EHM Case**: Highly suggestive EHM case, defined as a horse displaying signs of central nervous system (CNS) dysfunction, including but not limited to hindlimb incoordination, weakness, recumbency and/or urinary bladder atony which may have been preceded by fever, respiratory signs and/or abortion in horses on the premises.

3. **Index EHM Premises**: The premises on which the index EHM case has occurred.

4. **Index Point of Exposure**: Initial site of exposure to EHV-1 for the confirmed index EHM case and/or suspect index EHM case as determined by an epidemiologic investigation. In cases of presumed reactivation of latent virus, a point of exposure for the index case does not exist.

Subsequent Definitions:

1. **Exposed horse**: A horse with direct or indirect contact with the EHM confirmed index case within the 14 days preceding the onset of neurologic signs or a horse that potentially had direct or indirect contact with horses at the point of exposure of the index case within the preceding 14 days. (For details on exposure risk, see investigation section).

2. **Suspect EHV-1 case**: An exposed horse that shows no neurologic signs but displays some of the clinical signs consistent with EHV-1 infection; these may include fever (rectal temperature
greater than 101.5°F), limb edema, abortion or nasal discharge during the 14 days after initial exposure to a confirmed EHM case.

3. **Confirmed EHV-1 case**: A horse that is showing no neurologic signs but tests positive for EHV-1 by virus isolation and/or PCR testing of nasopharyngeal/nasal swab or blood (buffy coat) or fetal tissue specimens along with clinical signs consistent with EHV-1 infection, such as fever, limb edema, abortion or nasal discharge. If the horse dies or is euthanized, the case may be confirmed based on histological evidence and detection and/or demonstration of EHV-1 in tissues collected at necropsy.

4. **Suspect EHM case**: An exposed horse that develops neurologic signs suggestive of EHM, including but not limited to hindlimb incoordination, weakness, recumbency and/or urinary bladder atony during the 14 days prior to the index EHM case developing clinical signs and/or 14 days after the last potential exposure to the confirmed EHM case.

5. **Confirmed EHM case**: A horse which is positive for any strain of EHV-1 by virus isolation and/or PCR testing of nasopharyngeal/nasal swab or blood (buffy coat) specimens along with the presence of clinical signs consistent with EHM. If the horse dies or is euthanized, the presence of histological lesions and/or demonstration of EHV-1 in the CNS tissues collected at necropsy is confirmatory of a diagnosis.

6. **Non-clinical test positive case**: An exposed horse that is not exhibiting clinical signs (afebrile, non-neurologic) but tests positive for any strain of EHV-1 by virus isolation and/or PCR testing of nasopharyngeal/nasal swab or blood (buffy coat) specimens.

   a. **Note**: during any given incident some horses may start in this category before developing neurologic signs and subsequently being confirmed as an EHM case after they develop neurologic signs.

7. **EHM Premises**: A premises where a confirmed or suspect case of EHM currently resides or a premise where an EHM case resided within the preceding 14 days.

8. **Fever**: Body temperature of 101.5°F or greater.

9. **Afebrile**: Body temperature of less than 101.5°F in a monitored horse.

10. **Monitored horse**: A horse that is being evaluated for any evidence of clinical signs consistent with EHV-1 infection. A monitored horse should have the body temperature determined at
least twice a day e.g. morning and evening in order to detect a fever and it should be examined for any neurologic signs. A horse cannot be considered to be truly monitored for EHV-1 induced fever if it has been treated with a non-steroidal anti-inflammatory drug (NSAID) within the previous 24 hours.

11. **ORF**: Open Reading Frame

12. **SNP**: Single nucleotide polymorphism

13. **PPE** (Personal Protective Equipment): Any protective clothing, garment, footwear or equipment designed to protect the wearer from direct exposure to infectious agents. Proper use and disposal of these garments will reduce the spread of infectious agents.

14. **EHV-1 “A” strain**: Any strain of EHV-1 having the SNP genetic marker ORF 30 A2254 genotype. (Previously referred to as wild strain or non-neuropathogenic strain).

15. ***EHV-1 “G” strain**: Any strain of EHV-1 having the SNP genetic marker ORF 30 G2254 genotype. (Previously referred to as mutated or neuropathogenic strain).

* Strains of EHV-1 having this genotype have on occasion been associated with severe outbreaks of EHM. In clinical trials, such stains have been associated with a higher level of viremia than strains with the ORF 30 A2254 genotype. Strains of the EHV-1 with the ORF 30 G2254 genotype have also been referred to as mutant strains of EHV-1. This is a misleading term since such strains of EHV-1 were detected in archival samples from the 1970’s and accordingly they should not be referred to as newly mutated forms of EHV-1.

16. **Exposed premises**: The physical location where an index case or an EHV-1 exposed horse has been in the previous 14 days, to include but not limited to pastures, event venues, training facilities, and breeding facilities. Note: The extent of the area of premises exposed needs to be based on a thorough epidemiologic evaluation.

**NOTE:**
Non-neuropathogenic or wild strain of EHV-1: Any strain of EHV-1 with the ORF 30 A2254 genotype. Neuropathogenic or mutant strain of EHV-1: Any strain of EHV-1 with the ORF 30 G2254 genotype. “Non-neuropathogenic EHV-1 strain” and “neuropathogenic EHV-1 strain”; are terms that lead to confusion since both strains have the potential to cause EHM. In an outbreak environment knowing which strain is present does not necessarily change what needs to be done to control/mitigate the situation.
DIAGNOSTIC TESTING

Serologic Testing

Due to the likelihood of widespread exposure to EHV-1 and the common practice of vaccination of the general equine population against this virus infection, serologic testing at a single point in time is uninformative and of very limited diagnostic value. The serologic test readily available in the United States is the virus neutralization test (VNT); some other countries however, have the availability to use the complement fixation test (CFT) which can be used to detect recent exposure to EHV-1. Serologic testing, namely using the VNT, which demonstrates seroconversion or a four-fold or greater increase in serum antibody titers between samples collected 10-21 days apart, provides presumptive evidence of recent EHV-1 infection assuming EHV-1 vaccination has not taken place just prior to or during that time period. EHV neutralizing tests (VNT) do not distinguish between EHV-1 and EHV-4 antibodies.

However, type specific ELISA tests based on a portion of the glycoprotein G of each virus have been developed. The CFT and ELISA type specific antibody detection tests are not currently available at diagnostic laboratories in North America.

Virus Detection

Virus isolation is considered the gold standard for confirmatory laboratory diagnosis of EHV-1 infection, although the time required to obtain a positive result limits its value for outbreak management. Virus identification of EHV-1 by isolation from nasal or nasopharyngeal swabs or buffy coat samples is confirmatory evidence of a diagnosis of EHM in a horse with compatible clinical signs.

The polymerase chain reaction (PCR) has become the diagnostic test of choice due to its high analytical sensitivity and specificity and rapid turn-around time. Positive PCR results can be obtained when virus isolation is negative due to sub-detectable levels of infectious virus, inactivated virus or presence of viral nucleic acid. PCR tests carried out simultaneously on both nasal secretions and buffy coat samples are useful in establishing the stage of infection in an animal. Quantitation of genomic DNA level is used as a guide in assessing the potential of a horse with nasal shedding EHV-1 to transmit infection. Viremia is the presence of virus (intact and regarded as infectious) in the bloodstream. Although viremia is an essential component in the pathogenesis of EHM, some studies have failed to show that the level of viremia is directly correlated with level of risk for development of EHM. Other studies have shown correlation of a high level of viremia with more severe CNS diseases. While the level of virus detected by PCR indicate the presence or absence of viral DNA in the specimen tested, at this time that level of virus has not been correlated with the severity of clinical presentation and cannot be used to predict
clinical outcome. The lack of standardization of test methods between laboratories and the lack of standardized use of quality assurance controls amongst laboratories remain an ongoing challenge in test interpretation.

**Note:** Virus isolation is optimized when samples are collected and shipped the same day and are received by the laboratory within 24 hours of collection.

Recently, antiviral drugs have been used by some for the treatment of EHM cases. Currently, there is ongoing research regarding the use of antiviral drugs for treatment of neurologic cases and even prevention of EHV-1 infection in exposed horses. Theoretically, use of antivirals could alter level of viremia and viral shedding and thereby have an impact on test results. However, at this time there is not enough science based literature available to determine the impact of the use of antiviral drugs on the level and duration of viremia and nasal shedding of virus. Still, it should be considered during the evaluation of test results, therefore it is important that the submitter record treatment with antiviral drugs on the submission form.

**Types of PCR tests**

- **Conventional/Standard PCR:** The amplified DNA is detected at the end of the test procedure. This test is of more limited sensitivity and is non-quantitative.

- **Nested PCR:** Two sets of primers are used in two successive PCRs. The amplified DNA fragments are used in a second PCR for identification. It is a very sensitive assay but is associated with the risk of cross-contamination between samples.

- **Real Time PCR:** the amplified DNA is detected as the reaction progresses. More sensitive, specific, rapid and reliable than conventional PCR. This test allows for determination of the amount of viral nucleic acid in the sample being tested.

**EHV-1 PCR Tests**

The glycoprotein B gene PCR assay is often used as a screening test to detect EHV-1; a positive test indicates EHV-1 infection. However, this test cannot differentiate EHV-1 G strains (previously referred to as mutant strain) from the EHV-1 A strains (previously referred to as wild strain). Subsequent subtyping based on the DNA polymerase gene assay, which targets the single nucleotide polymorphism at position 2254 of the virus open reading frame 30 which encodes for the catalytic subunit of the DNA polymerase gene, can differentiate G and A virus strains. Some laboratories may only use the DNA polymerase gene assay for screening for EHV-1 infection.
**Characteristics of an Ideal PCR Protocol**

Consider these characteristics of PCR assays when choosing the most appropriate type of test to meet your needs and that are consistent with the reason for testing in your situation:

1. **Sensitivity:** Does the assay have a high sensitivity and specificity for the detection of EHV-1? Is strain typing necessary? Certain highly sensitive PCR assays can differentiate EHV-1 G strains (previously referred to as mutant strains) from EHV-1 A strains (previously referred to as wild stains) in a sample.

2. **Timeliness:** Can the laboratory provide timely results necessary for confirmation of infection? Assay results can be available within 12 hours of sample receipt at some laboratories.

3. **Quantitative Load:** Can the assay provide quantitative results? Will quantitative results be useful in the epidemiologic investigation or disease control efforts? A quantitative PCR assay can provide quantitation of viral DNA in a specimen.

Additional considerations when choosing an appropriate laboratory for sample testing:

1. **Turn-around Time:** Can the laboratory provide a rapid turnaround time? A laboratory which can provide timely reports to the practitioner is beneficial.

2. **Laboratory Assistance:** Does the laboratory have readily available personnel to assist with interpretation of test results? A more detailed understanding of a positive or negative test result can assist in the implementation of appropriate biosecurity and infection control measures.

3. **State Animal Health Official Acceptance:** Will the state animal health official accept the results from the laboratory being considered for sample submission? Some animal health officials require that official test results be provided by specified laboratories and may require additional sample types to be collected and tested, such as collection and testing of a different source of sample from a previously tested horse, e.g. blood versus nasal swab or sampling of additional horses in an incident.
Recent EHV-1 PCR Ring Trial Study

Abstract from 2014 USAHA IDOHC Meeting, San Diego, CA -
http://usaha.org/Committees/InfectiousDiseasesOfHorses.aspx

“In 2013, the USDA-APHIS National Veterinary Services Laboratory (NVSL) and American Association of Veterinary Laboratory Diagnosticians (AAVLD) conducted a joint inter-laboratory comparison (ring trial) of equine herpesvirus type 1 (nEHV-1) polymerase chain reaction (PCR) techniques in an effort to standardize testing methodology for equine herpesvirus myeloencephalopathy (EHM) carried out at state/university/provincial diagnostic facilities in North America.

A total of 28 state diagnostic facilities from the USA and Canada evaluated a ring test “panel” of field EHV isolates. The 28 participating laboratories used 38 different procedures (some laboratories tested by multiple procedures) based upon modifications of 10 peer-reviewed published methods for EHV-1 PCR. Two genes were utilized as PCR targets, the EHV-1 glycoprotein B gene, and the EHV-1 ORF 30, viral DNA polymerase gene. Glycoprotein B gene- based PCR assays, which are fundamentally designed as screening assays that detect wild-type (wt-EHV-1) and neuropathogenic (nEHV-1) strains, were used by 15 participating laboratories and had excellent diagnostic sensitivity for both wt-EHV-1 (100%; 30/30 samples identified correctly), and nEHV-1 (98.8%; 89/90 samples identified correctly), as well as excellent diagnostic specificity (98.3%; 59/60 non-EHV-1 samples identified correctly). As predicted, none of the glycoprotein B gene-based assays differentiated wt-EHV-1 from nEHV-1 and as such serve as excellent diagnostic tools to identify EHV-1 infected horses from non-EHV-1 infected horses but do not identify nEHV-1 specifically. ORF 30 (viral DNA polymerase) gene-based PCR assay had more variable results from testing of the ring trial samples. Three published ORF 30 A/G 2254 assays: 1) Allen et al, 2007, 2) Pusterla et al, 2009, and 3) Smith et al, 2012), which differentiate wt-EHV-1 from nEHV-1 by detecting the A2254 (wt-EHV-1) or G2254 (nEHV-1) polymorphism, were used by 21 participating laboratories. The three assays had diagnostic sensitivity (based upon correct identification of nEHV-1 samples) of 93.1% (67/72 samples, Allen 2007), 100% (36/36 samples, Pusterla 2009) and 94.4% (17/18 samples, Smith 2013). The diagnostic specificity (based upon correct identification of non-nEHV-1 samples) was 88.9% (64/72 samples, Allen 2007), 72.2% (26/36 samples, Pusterla 2009), and 100% (18/18 samples, Smith 2013).”
Considerations when using PCR testing for EHV-1

1. Testing horses with clinical signs:
   Horses with high fevers and/or other clinical signs including coughing or mild nasal discharge, or abortion, with or without neurologic signs, should be tested for EHV-1 by PCR, preferably by real time or nested PCR, if other possible causes for these signs are not apparent.

2. Screening of clinically normal horses with a link to an EHV outbreak:
   The use of testing for EHV-1 in horses that are clinically normal but that have some link to an EHV outbreak will be discussed later.

3. Screening of horses in the general population:
   Historically the EHV-1 test has been performed on horses as a screening test for entry to events and as a requirement for entry to boarding facilities or as part of a purchase examination. It is not recommended that testing as described above (screening of horses in the general population) be performed. Since EHV-1 is considered to be endemic in most horse populations and detection of the virus in nasal secretions is likely a transient occurrence that results in an undefinable risk for spread of disease.

   Necropsy of Suspect EHM Horses
   A necropsy provides an important means of confirming the presence of EHV-1 neurologic disease. EHM is not a zoonotic disease but consideration should be given to other diseases with the potential for zoonotic implications such as rabies. Thus, it is important to use appropriate biosafety measures during necropsy examination. It is important to necropsy suspect EHV-1 cases as there are documented cases of suspect EHM horses with negative ante-mortem EHV-1 test results on nasopharyngeal/nasal swab and buffy coat samples that were confirmed positive for EHV-1 related neurologic disease on necropsy examination.

   Therefore, necropsy examination of a horse with neurologic disease that dies or has to be euthanized is recommended. To ensure appropriate samples are taken at necropsy, individuals are reminded to alert the pathologist of the suspect EHM status of the case and provide the neurologic history on the laboratory submission forms.

   Appropriate Timing of Sample Collection
   Correct selection of horses for sampling within an affected group is vital to gain the best-quality information for the epidemiologic investigation and disease control efforts. Samples collected represent a single point in time, as viral shedding changes over the course of the infection. Viral shedding from the respiratory tract of adult horses is detectable typically for less than 10 days and may be intermittent. The optimal window for nasal swab sampling is at the onset of clinical signs. In some situations, where initial testing was negative for EHV-1 but EHV infection is suspected as the
cause of disease, it is recommended to repeat sampling within 2 to 4 days of onset of clinical signs. The amount of EHV-1 DNA detected in nasal swabs varies from horse to horse and over the course of disease in a given animal and does not necessarily correlate with the severity of disease.

*Figure courtesy of Dr. Lutz Goerhrig, extracted from 2nd Edition of Equine Neurology.*
Recommended Horses to Test during an EHM Incident

1. **Suspect Index EHM Horses**: Highly suggestive EHM case, defined as a horse displaying signs of central nervous system (CNS) dysfunction, including but not limited to hindlimb incoordination, weakness, recumbency and/or urinary bladder atony which may or may not have been preceded by fever, respiratory signs and/or abortion in other horses on the premises.

2. **Suspect EHM Horses**: An exposed horse displaying signs suggestive of EHM including, but not limited to hindlimb incoordination, weakness, recumbency and/or urinary bladder atony during the 14 days prior to the index EHM case developing clinical signs and/or 14 days after last potential exposure to a confirmed EHM case.

3. **Suspect EHV-1 Horses**: An exposed horse that shows no neurologic signs, but displays some of the clinical signs consistent with EHV-1 infection; these may include fever (rectal temperature greater than 101.5 degrees F), limb edema, abortion, or nasal discharge during the 14 days after initial exposure to a confirmed EHM case. Testing of these horses is recommended but not necessary as long as the index EHM case has been confirmed. Horses not tested will remain suspects and should NOT be included in the confirmed case count.

4. **Testing of Non-clinical EHV-1 Horses**: A decision to test these horses for disease investigation or quarantine release purposes must be carefully considered. Non-clinical horses can be shedders of EHV-1 virus. Specific recommendations regarding the risk these horses pose is lacking in the scientific literature. If performed, a planned response to test-positive non-clinical horses should be established prior to testing such horses.

**NOTE**: There is no indication to test horses not epidemiologically linked to the disease investigation or generally as a part of the quarantine procedure.
Factors Impacting Decision to Test Exposed Horses

NOTE: If tests are planned, a plan of how to handle the test results must be determined in advance.

1. Testing of exposed horses may not be required by regulatory officials if:
   a. There is an ability to mitigate further exposure risk by immediate removal of the EHM horse or adequate isolation and biosecurity practices of the EHM horse from all other horses on the premises;
   b. There are no additional clinical cases detected during the 21 day period after initial exposure to the index EHM case. Thus, no evidence of disease transmission; and,
   c. Epidemiologic investigation provides confidence in owner/management monitoring of the situation through demonstration of twice daily body temperature logs, daily clinical assessments, and observance of strict isolation protocols for sick horses for the duration of the quarantine.

2. Testing of exposed horses may be required by regulatory officials if:
   a. Premises management fails to adequately isolate the index EHM case within 12 hours of detection. This will result in continued exposure risk to horses on the premises;
      -OR-
   b. There are exposed horses on premises without adequate isolation from clinical horses. Testing may be necessary to determine disease risk;
      -OR-
   c. Epidemiologic investigation reveals evidence of poor compliance including but not limited to lack of twice daily body temperature monitoring of potentially exposed horses, failure to isolate sick horses, and/or continued sharing of equipment between sick and other horses.
      -OR-
   d. SAHO determines that testing of the non-clinical animal is necessary for disease investigation and/or mitigation.
      -OR-
   e. Management elects to reduce quarantine period to 14 days.
EHV-1 PCR Test Interpretation of a Clinical Horse*

NOTE: A positive PCR test on a nasopharyngeal/nasal swab sample does NOT necessarily equate to presence of infective virus.

- A positive EHV-1 result from a buffy coat sample indicates viremia and an active infection.
- A negative EHV-1 test result on a buffy coat sample indicates the absence of detectable EHV-1 viremia at the time of sampling.
- A positive EHV-1 test result from a nasal swab sample should be interpreted as detection of EHV-1 DNA in the nasal secretions. EHV-1 DNA can be detected during and subsequent to the period of shedding infective virus. Quantitative PCR (i.e. real-time PCR) may provide more information about the risk of virus transmission by the sampled horse.
- A negative EHV-1 test result on a nasal swab indicates the absence of detectable virus shedding at the time of sampling; provided appropriate sample collection, sample handling prior to shipment and sample shipping protocols were followed.

*Interpretation of the PCR test in the non-clinical animal is similar to the clinical animal, however the implications of the transmission risk is unknown at this time.

Recommended Protocols for Sample Collection

These are current recommendations:

1. Make contact with the laboratory where samples are to be submitted to obtain supplies (swabs and transport medium) and laboratory specific sampling and shipping protocols.
2. Be sure to avoid cross contamination by wearing a new pair of examination gloves to collect samples from each horse and perform hand hygiene between horses sampled. Barrier precautions such as wearing disposable gown or coveralls and boot/shoe covers should be observed. These should be changed when sampling horses of different disease status e.g. clinical cases versus potentially exposed horses.
3. If a chain over the nose or a twitch is used to restrain a horse, it must be washed and disinfected between horses.
4. A dedicated halter and lead should be used for each horse or these items washed and disinfected between individual animals.
5. Nasal swabs should be collected using Dacron tipped swab (Synthetic) with plastic shaft (Don’t use wooden shaft or cotton tipped swabs)
6. Insert the swab at least 5 inches into the nasal passage and leave swab against the nasal mucosa for a minimum of 15 seconds before withdrawal.
7. Remove and place swab in a sterile tube (no anticoagulant or gel) or preferably in a tube with viral transport medium. To prevent over-dilution of the sample less than 2 ml of transport fluid should be utilized. Label sample according to laboratory instructions.
8. Collect 10ml of whole blood in EDTA (purple top tube) and label sample with animal name and date and time of collection. Do not send serum for PCR testing.
9. Keep samples cool (refrigerator/ice pack) but not frozen and ship nasal swabs and whole blood samples overnight to laboratory.
10. Consider direct communication with the laboratory to expedite obtaining results in the most timely manner.
QUARANTINE PLACEMENT

Overview

There is no universal quarantine protocol that can be applied to all EHM incidents as there are multiple factors that must be considered when determining the optimal disease containment response. A disease transmission risk assessment is the critical first step in determining the extent of a quarantine. Once EHM is confirmed, in those states with quarantine authority, a quarantine should be applied in all situations. Additionally, risk assessment identifies specific factors that will need to be addressed in establishing the quarantine(s) parameters and required biosecurity measures on operations with exposed horses.

In preparation for a disease incident, any equine event or large equine facility should identify an appropriate isolation area(s) for clinical and /or exposed animals. Isolation areas on site and off site should be identified in advance, including medical facilities with appropriate isolation areas where clinical cases could be referred for medical treatment. It cannot be overstated the importance of this preplanning preparation.

In dealing with EHM incidents, state animal health officials may issue quarantines to prevent the spread of the disease agent, specifically EHV-1. Science-based criteria for quarantine protocols adapted to the specific incident, control disease spread while increasing compliance and minimizing the impact on equine movement. Historically, quarantine issuance is by the state veterinary authority or horse racing boards. However, in some EHM incidents voluntary quarantine actions are taken by private farms, public or private facilities, veterinary teaching hospitals and private practitioners for the purpose of controlling the disease. Some states have the authority to place “hold” or “stop movement” orders which may be imposed while gathering epidemiological data to determine the necessity and proper placement of a quarantine.

Before implementing a quarantine, the criteria for quarantine release need to be established. To ensure compliance and to determine the effectiveness of disease control measures, the quarantine-issuing authority should arrange for a regulatory official or their designee to monitor the situation through periodic on-site visits to the premises. Disease transmission, as evidenced by newly identified clinical cases, would warrant modification of the quarantine-site biosecurity protocols. Additionally, if spread occurs beyond the initial quarantine sites, then additional regulatory authorities may need to be contacted and the quarantine may need to be extended or applied to additional sites.
Impact of Quarantine on the Equine Industry

Compliance and cooperation from individuals and the equine industry is essential if EHM is to be successfully controlled. The potential impact of any quarantine on the equine industry or individuals needs to be balanced with the goal of disease containment. Business continuity must be taken into consideration to ensure the equine industry can be supported through an EHM incident. Issuance of an extended quarantine period on multiple premises with a low risk of disease development may be considered an excessive burden and may be unnecessary for effective disease containment. Situational awareness and science-based disease prevention guidance from animal health officials will garner increased confidence among industry stakeholders and will serve to increase compliance and implementation of voluntary disease control measures.

Issuance of a Quarantine

The scope of any premises based quarantine that is to be implemented should be based on the results of the risk assessment following the identification of a suspect or confirmed index EHM case(s). It may include any of the following scenarios:

1) Only the suspect index or confirmed index EHM horse is quarantined;
2) The suspect index or confirmed index EHM horse and horses with high risk of exposure on index EHM premises are quarantined;
3) All horses on the EHM index premises are quarantined;
4) Entire index premises and horses with high risk of exposure that are located on other than the index premises are quarantined; and
5) An epidemiologically linked non-clinical test positive case is quarantined.

EHV-1 Risk Assessment for Purposes of Determining Scope of Quarantine

EHV-1 is spread by direct horse to horse contact as well as indirectly by virus-contaminated fomites and personnel. The most common route of exposure is through the respiratory tract via aerosolized droplets from the respiratory tract secretions of a virus shedding horse.

Infection can also occur by oral or nasal exposure to virus contaminated surfaces. Examples include hands, clothing, and equipment such as wipe rags, buckets, water sources, feeders, stall surfaces and tack. Clinically affected horses should be assumed to be contagious, particularly with respect to respiratory secretions, for at least 14 days. Aborted fetuses, fetal membranes, and placental fluids also contain large quantities of infective virus and thus pose a particularly high disease transmission risk.
An assessment is critical in order to identify current disease agent transmission risk factors on an affected premises. Identifying the risks for disease agent transmission can assist in determining the required quarantine protocols.

1. **STEP 1: Assessment of Risk Associated with the Index EHM Case:** At the time of the initial testing, the contagious nature of the index EHM horse should be evaluated in terms of potential for shedding EHV-1 and potential spread of virus from this horse to other horses (exposure risk to other horses).
   a. **Potential to Shed EHV-1:** A PCR test result from a horse’s nasopharyngeal/nasal swab that the laboratory indicates correlates with a high viral load categorizes that horse as a high risk for transmission of EHV-1 to other horses. A clinical EHV-1 or EHM horse with this finding would pose a significant risk of virus shedding into the environment.

   b. **Assessment of the Potential of an EHM Horse to Expose Other Horses:** A clinical EHV-1 or EHM case which remains on the premises poses significant risk of exposure to other equids on the property as it continues to shed virus. A clinical EHM horse that is euthanized, appropriately removed, or isolated at onset of neurologic signs represents less disease exposure risk to the herd as the source of virus has been removed. Appropriate isolation includes restricted access to other horses (a minimum of 30 feet, recognizing the distance may need to be greater depending upon ventilation, air movement, barn/stall design and other biosecurity factors), avoiding the sharing of equipment and/or personnel and utilization of protective barrier precautions. A clinical EHM case that is down and thrashing in a stall poses a significant virus transmission risk as it requires additional personnel for its management compared to a non-neurologic horse and has the potential for hyperventilation; all of which may result in a potentially higher risk of contamination of the environment. Direct or indirect contact between horses, treatment personnel or fomites increases the potential exposure of other horses to EHV-1.

A Quarantine Risk Assessment Chart assists in determining level of risk posed by the index case ([See Appendix]). A quarantine restricted to the index horse may be sufficient, if the index horse poses a low risk of viral shedding and/or is appropriately isolated from other horses on the premises. A more extensive premises level quarantine may be warranted if the index horse demonstrates a high level of viral shedding and has extensive direct and/or indirect contact with other horses on the Index EHM premises.
2. **STEP 2: Assessment of Exposure Risk within the Herd:** At the time of initial confirmation of the index EHM case, the rest of the herd should be classified according to the degree of exposure and their ability to transmit virus within the herd. Animals exposed to a large amount of the virus are more likely to succumb to infection and/or pose a transmission risk to other horses on the premises. These higher risk animals may warrant quarantine and monitoring for fever or other clinical signs consistent with EHV-1 infection.

   a. **Degree of Exposure to EHM Case:** An exposed horse is one which is likely to have had direct or indirect contact with an EHM case (this includes shared transport exposure) within the previous 14 days. Highest risk animals are those with direct nose to nose contact with the EHM case during the peak shedding period which is defined as the 7-day period before or after the onset of clinical signs. Moderate risk horses are those sharing a common air space of the clinical case or those, equipment, or personnel with direct contact with the EHM case. Animals on the premises with limited indirect or direct exposure to the index horse would be considered a low/negligible risk for exposure and may not warrant any quarantine action. Determining the level of exposure assists in deciding the scope of the quarantine to be applied. ([See Appendix: Exposure Risk Assessment](#))

   b. **Degree of Biosecurity in Place Prior to and at Time of Detection of Index Case:** Disease risk cannot be completely eliminated at most equine premises, as equine premises are seldom managed as a closed facility. An evaluation of current management practices will help identify potential biosecurity risks to be addressed in the quarantine. Areas to be evaluated include management practices, horse stalls, isolation area, wash stalls, commingling areas, equipment handling, transport vehicles, and hay and other feed storage facilities. Premises with minimal biosecurity protocols in place are more likely to have disease transmission and thus warrant a more restrictive quarantine than a premises with a high level of biosecurity practices. The degree and level of commonly practiced/everyday biosecurity measures will significantly impact disease exposure risk on any given premises. Movement of personnel such as veterinarians, farriers, visitors, feed and bedding deliverers, and stall cleaners between areas where horses are housed constitute a potential risk of disease agent transmission. Therefore, the potential spread of EHV-1 due to these movements should be evaluated. A Biosecurity Risk Assessment determines the level of risk posed by current biosecurity practices on the premises. ([See Appendix: Sample Assessment Form](#))

Link to AAEP Biosecurity Guidelines: [https://aaep.org/guidelines/infectious-disease-control](https://aaep.org/guidelines/infectious-disease-control)
c. **Degree of Disease Agent Transmission:** As the disease incident progresses, the situation should be evaluated to determine the level of disease agent transmission. Exposed horses on the premises may succumb to disease and present an additional disease transmission risk. Evaluate subsequent cases to determine potential time of exposure. Modify existing quarantine protocols if disease spread is evidenced by new cases with clinical disease after quarantine placement.

d. **Assessment of Transmission via Testing at Onset of Investigation:** There is a lack of consensus among regulatory veterinarians on the appropriateness of testing non-clinical exposed horses in an EHM incident. If testing of exposed non-clinical horses is being considered, then the response to a positive test result should be decided before initiating the testing. Non-clinical EHV-1 infected horses based on nasal swab and/or buffy coat testing, currently represent a non-quantifiable but potential risk of transmitting virus to horses to which they are exposed. As a precaution to minimize the risk of virus spread in any given EHM incident, non-clinical exposed EHV-1 test positive horses should be isolated from non-clinical test negative and untested exposed horses.
QUARANTINE RELEASE

Overview
During Equine Herpesvirus Myeloencephalopathy (EHM) incidents, the quarantine issuing authority (typically the state animal health officials or horse racing authority) issue quarantines and subsequent releases to help prevent the spread of EHV-1. However, in some EHM incidents, voluntary quarantine actions are taken by private farms, public or private entities, veterinary teaching hospitals, horse racing authorities or private practitioners. Criteria for implementing a quarantine and for quarantine release should be established and each incident assessed based on predetermined guidelines. It must be emphasized that there is no single quarantine release protocol that is applicable to all EHM incidents. When striving for optimal disease containment, multiple factors must be considered based on the risk assessment performed when placing the quarantine.

Clinically affected horses should be assumed to be contagious, particularly via the respiratory route, for at least 14 days. Minimal monitoring or quarantine of exposed horses should be for a minimum of 14 days after removal and isolation of the EHM horse. Quarantines can be amended to release subpopulations of animals earlier if epidemiologic investigation, biosecurity assessment and/or, the results of diagnostic testing deem the risk is minimal from the release of a horse or group of horses.

Assessment of the level of clinical disease and the potential for disease spread on the premises is critical in determining whether quarantine release is warranted. Release of the quarantine can be based on the clinical disease status of the horses on the premises and on the outcome of diagnostic testing.

21 Day Quarantine Release without Testing
Release of quarantine shall be based on limiting the potential for spread of the disease agent. Immediate removal or appropriate isolation of EHM case(s) decreases the risk of virus transmission and spread within the population at potential risk of exposure. Appropriate isolation includes restricted access to other horses (a minimum of 30 feet, recognizing it may be greater depending upon ventilation, air movement, barn/stall design and other biosecurity factors), avoiding the sharing of equipment or personnel and utilization of protective barrier precautions. Diagnostic testing of nasopharyngeal/nasal swabs can help provide evidence of the risk of disease spread within an exposed population. However, financial constraints and the challenges of scientifically based interpretation of risk when dealing with a test positive non-clinical horses limit the benefits of diagnostic testing. Accordingly, quarantine release without testing can be an option and is based on the clinical disease status on the premises. Any additional horses developing clinical signs compatible with EHV-1 infection and diagnosed within the 14 days post strict isolation or removal.
of an EHM case may be indicative of disease spread on the premises. Strict isolation of EHV-1 clinical cases must include absolutely no horse to horse contact, no sharing of any equipment, strict adherence to footwear disinfection at entry/exit to stabling area and use of disposable coveralls and gloves.

Quarantine release is recommended, if adequate biosecurity and monitoring has been maintained and if no new clinical cases (EHM or EHV-1 cases) are identified in the 21 days from the date of removal of the EHM case(s) or 21 days from the resolution of the last febrile case placed in isolation or the 21 days from the onset of clinical signs in the last neurologic horse placed in isolation on the premises. Monitoring of the exposed population for any clinical signs compatible with EHV-1 infection includes twice daily temperature monitoring and direct observation for compatible clinical signs. Any horses subsequently displaying compatible clinical signs of EHV-1 infection including but not limited to fever should be immediately isolated and it should be assumed this is a new EHV-1 case, unless diagnostic testing rules out EHV-1 infection and another non-contagious cause of fever is found the countdown clock for quarantine release should begin again at 21 days.

Note, a 14 day quarantine release for exposed horses may be considered when there is immediate removal (within 12 hours) of the index EHM case and there is evidence of limited potential for disease agent spread due to adequate biosecurity and monitoring of horses.

**Quarantine Release with Testing**

Testing of clinical horses for release of quarantine may shorten the quarantine period. Testing only reflects the status of an individual horse on the day of sampling. Positive results could reflect reactivation of latent infection or recent exposure. A positive EHV-1 test results warrants further investigation to determine if further virus spread is occurring on a premises. If virus spread is evident, the quarantine should remain in place. Negative test results from nasal swab and buffy coat samples may warrant release of the quarantine. Exposed and clinical horses may be tested 14-21 days from the resolution of the last febrile case or from the onset of signs in the last neurologic horse in assessing the infection status of a premises.

There is a lack of consensus among regulatory veterinarians on the appropriateness of testing exposed non-clinical horses. The interpretation of such results based on existing scientific risk assessments is problematic. This is because the non-clinical horses that tests positive for EHV-1 on nasopharyngeal swab and/or buffy coat, currently represents a non-quantifiable but potential risk of transmitting virus to other horses to which it is exposed.

As a precaution and to minimize the risk of disease spread in any given EHM incident, any EHV-1 test positive horse should be isolated from test negative and non-clinical exposed horses.
Utilization of Testing Results for Quarantine Modification or Release

1. Testing of Confirmed EHV-1 Clinical Horses: A confirmed EHM case or EHV-1 case with two subsequent PCR negative nasal swab and/or buffy coat samples obtained 7 days apart is considered to pose a minimal disease transmission risk, thus quarantine release is recommended. Note, a minimum of 14 days under quarantine is recommended.

2. Testing of Exposed Non-Clinical Horses: There is a lack of consensus among regulatory veterinarians on the appropriateness of testing these non-clinical exposed horses. Testing of exposed horses 14 to 21 days from the resolution of the last febrile case or from the onset of the last neurologic signs in a horse may be utilized to assess infection status among horses on the premises. Any virus positive horse(s) should be promptly removed from the group and isolated until confirmed negative on nasal swab and buffy coat PCR testing, or in the absence of testing, an adequate period in quarantine before release. As for the remaining animals in the exposed group, the clock has to be reset in terms of the period they are held in quarantine since one or more of them may have been exposed to the virus and may become a shedder.
EHM INVESTIGATION GUIDELINES

Introduction
In preparation for an EHM investigation, review the biosecurity and diagnostic testing recommendations in previous sections of this document. When conducting an EHM incident investigation it is helpful to first identify the five “W’s”: which, what, where, when, and why?

- **Which** is the suspect EHM horse? The age, breed, use, EHV-1 vaccination status and clinical signs are important details to record.
- **What** is the clinical presentation, the status of the diagnostic testing and physical examination? What is the disease agent? The diagnostic test results are essential in confirming an EHM diagnosis and determining the case designation category.
- **Where** is the EHM horse currently located and where has it recently been? The location of the index horse at time of diagnosis and all locations of the index horse for the two weeks prior to onset of clinical signs are critical components to the investigation.
- **When** did the initial clinical sign(s) appear? Determination of disease onset or exposure date is critical to evaluating risks to exposed horses.
- **Why** did this/these horse(s) succumb to the disease? Researchers are trying to determine why some horses become neurologic while others exposed to EHV-1 don’t. Thus the epidemiologic investigation and data collection for all confirmed cases is critical.

Once the basic information on the index horse or the affected animals is obtained, the objective of the investigation is to identify the disease transmission risk factors on the premises, so that they can be targeted in any control and prevention plan. The most common transmission route is via the respiratory tract by aerosolized droplets of respiratory secretions. Infection is spread by direct horse-to-horse contact, as well as indirectly by contaminated surfaces or objects including personnel. Environmental transmission of the disease agent of primary concern during an outbreak can occur especially when horses are kept in close confinement. Environmental persistence of the EHV-1 virus is estimated to be less than 7 days under most conditions with a maximum environmental survival of 30 days. Once the EHM incident investigation identifies the risk factors for exposure, control measures must be implemented to 1.) Limit the extent of spread and possibly, severity of clinical disease on the premises and 2.) Limit the spread of disease to adjacent or exposed premises. (See Appendix: EHM Case Investigation Form and Exposed/Trace Horse Investigation Form.)
Outline of Investigator Responsibilities

Use laboratory testing to confirm diagnosis and when reporting on the investigation use case definitions to clearly communicate the status of the horses being investigated.

1. Conduct a case investigation to identify likely source of infection and potentially exposed horses.
2. Utilize case investigation form to document details about the index case and potential for exposed horses.
3. Utilize quarantine risk assessment to identify premises risk factors.
4. Utilize exposure risk assessment to classify individual horse exposure risk.
5. Utilize premises biosecurity assessment to identify biosecurity risks to be addressed in quarantine.
6. Be knowledgeable of relevant local, state or other authority jurisdictions and any reporting obligations.
7. Initiate control and prevention measures based on assessment to prevent spread of disease agent.
8. Provide general biosecurity recommendations to the exposed and quarantined premises.
9. Complete and report all information to appropriate authorities or designated points of contact for the incident (where should the report(s) be sent).
10. Identify and investigate trace-outs and trace-ins of exposed horses to determine appropriate regulatory action.
11. As appropriate, serve as a source for further information: distribute disease fact sheets to educate individuals or groups, refer to appropriate other resources or authorities.
GENERAL BIOSECURITY RECOMMENDATIONS FOR EHM EXPOSED AND QUARANTINED PREMISES

1. Isolate any clinical cases as soon as they are identified
   a. Isolation is critical to controlling disease. Ideally, at the onset of suspicion of a compatible clinical sign of EHV-1 infection, isolate the affected horse a minimum of 30 feet from all other horses and potentially further depending on multiple factors previously described in these guidelines. Appropriate diagnostics should be utilized to determine cause of compatible clinical signs. (For sample collection and diagnostics selection see Diagnostic Testing section of this document)
   b. Restrict contact with horses to those designated personnel. If possible, assign specific personnel to work on positive or suspect cases. Ideally, these designated individuals should not handle any other horses on the property.
   c. Place a footwear disinfectant station and hand sanitizer outside each isolation stall. Provide disposable gloves for designated personnel to wear when handling EHV-1 test positive or suspect EHV-1/EHM horses.
   d. Restrict access to the isolation area to essential personnel and the isolated animals.
   e. Handle isolated horses last; personnel handling isolated horses should not be handling other horses without changing clothes. Provide disposable coveralls for use if a change of clothes is not feasible when entering and exiting the isolation area.
   f. Clean and disinfect the stabling area where the EHV-1 test positive or suspect EHV-1/EHM horse has been.

2. Quarantine
   a. Quarantine of the premises means that there should be no horse movement on or off the premises.
   b. Post signage regarding quarantine and biosecurity measures in common areas, such as on the notice board outside the office, near restrooms and at entry areas to each barn.
   c. Communicate the current quarantine situation to all horse owners and trainers at the facility.
   d. Limit premises access to essential personnel and vehicles and monitor perimeter of the premises for non-authorized entries.

3. Monitor all horses on premises
   a. Obtain and record the body temperatures of all horses on the premises twice daily. Ideally obtain horse’s body temperature first thing in the morning and last thing in the evening and before administering medications which may decrease the body temperature.
b. Report a fever (any temperature of 101.5°F or greater) to a veterinarian for follow up collection of nasopharyngeal/nasal swabs and blood to test for EHV-1.

c. Monitor all horses for clinical signs compatible with EHV-1 infection, which include ocular or nasal discharge, limb edema, abortion and neurologic signs such as unsteady gait, weakness, urine dribbling, lack of tail tone and recumbency. Report the observation of any of these signs to the veterinarian designated for follow up collection of nasopharyngeal/nasal swabs and blood sampling to test for EHV-1.

4. **Restrict human, pet and vehicle traffic from exposed-horse areas**
   a. Restrict personnel access to only those necessary for the care of the exposed horses.
   b. Do not permit dogs in horse areas. Dogs have the potential to carry the virus from one area to another on their body.
   c. Restrict vehicle traffic including feed/supply delivery vehicles, from entering horse stabling areas. Designate an area where vehicles should be parked away from the stable area.
   d. For extended quarantine situations, farriers and other service provider personnel should take appropriate biosecurity measures as outlined in this section to reduce risk of spreading the virus.

5. **Limit direct horse-to-horse contact**
   a. Limit potential horse contact in common areas, such as wash stalls, aisle ways and arenas.
   b. Limit potential horse-to-horse contact when possible by closing upper stall doors or installing a physical barrier to restrict horses from extending their heads into the aisle ways.

6. **Limit stress to horses**
   a. An EHV-1 exposed horse may potentially be incubating the virus. With stress, an exposed horse has a higher likelihood of developing clinical disease and shedding a significant amount of virus from the respiratory tract.
   b. Any decision regarding management of exposed horses should balance the need to contain the disease agent spread with the stress that would occur based on management imposed on exposed horses. For example, at race tracks exercise of exposed but non-clinical horses is allowed after all other horses have trained and been removed from the track since regular exercise of race horses is very important to their wellbeing.
7. **Eliminate sharing of equipment and personnel**
   a. Clean and disinfect all brushes, halters, cross ties, lead ropes and tack which have previously been shared.
   b. Avoid use of common halters, cross ties, lead ropes, wipe rags, sponges and tack. Use individual equipment for each horse; avoid sharing equipment.
   c. If equipment must be shared, clean and disinfect all equipment before and after each use. This includes feed buckets and other feeding and stall cleaning utensils.
   d. Avoid tying horses to fences or tie rails.
   e. Avoid possible viral contamination of water buckets by not allowing the hose to enter or contact the bucket when filling the bucket with water.
   f. Designate traffic pattern for wheeled vehicles (i.e. tractors, gators, wheelbarrow etc.) used for handling hay, feed, shavings or supplies to limit disease spread.

8. **Clean and Disinfect**
   a. Clean all barn, other stabling, trailer, or other equine contact surfaces thoroughly, removing all organic matter (dirt, nasal secretions, uneaten feed, manure, etc.) before applying a disinfectant. It is important to remember that organic material decreases the effectiveness of the disinfectant, especially if 10% bleach is used as the disinfectant.
   b. Clean all shared equipment and shared areas to remove dirt and manure before application of a disinfectant.
   c. Completely clean and disinfect the stall surfaces of the known-infected horse and any equipment and objects that may be contaminated. Properly dispose of potentially contaminated materials generated by the cleaning and disinfection process.

9. **Use footwear disinfectant, hand sanitizer**
   a. Place footwear disinfection stations and hand sanitizers at other strategic locations, throughout the barn areas and encourage their use.
   b. Encourage regular cleaning of footwear disinfection stations and ensure use of footwear disinfection stations upon entry and exit of infected animal stalls.
   c. Routinely clean footwear disinfection stations to avoid buildup of organic material, such as dirt and manure, which may inactivate the disinfectant.
   d. Assign a person to monitor the footwear disinfection station and promptly clean and replenish the disinfectant as needed.
10. Use of Personal Protective Equipment (PPE) for Isolated Horses (an excellent training module on PPE for veterinarians can be accessed at the following link—module #10):
   a. Assign a person knowledgeable on infection disease protocols to oversee isolated sick horse stabling. This person shall ensure proper donning and doffing of PPE.
   b. Reusable coveralls should be clean upon entry into isolated stabling and should be used for a single designated animal. Re-use of coveralls should be permitted provided there is limited contamination of outer surface.
   c. Disposable coveralls should only be used for handling one infected horse and can be re-used provided they have limited amount of contamination and are stored in a manner to prevent virus spread.
   d. Coveralls being reused should be stored properly to limit contamination and transfer of virus.
   e. Disposable coveralls should be dedicated to one individual and not shared amongst personnel.
   f. Outerwear should be donned in a manner which prevents contamination of inner or outer surfaces. Ideally, outwear should be donned in a clean dry ground surface (i.e. pavement).
   g. Excessively soiled or ripped disposable coveralls should be properly disposed to limit virus spread.
   h. For specifics regarding PPE supplies, please see attached chart on the following page.

   a. Dedicated cleaning equipment should be maintained for each stall/horse.
   b. Disposal of soiled bedding should be handled in such a manner as to limit access/exposure to other horses, barns and structures on the premises.

NOTE:
Isolation of all mules away from horses may be an important strategy in EHV-1 disease control during an EHM incident. Recent scientific studies have investigated the role of mules as silent shedders of EHV-1 during an EHM incident. During a 2011 EHV-1 disease investigation involving mules and horses in California, high viral nasal shedding and viremia was detected in some of the asymptomatic mules. It is important to note that the detection of EHV-1 in asymptomatic mule samples indicates their susceptibility to infection and their potential role in virus spread.
## Personal Protective Equipment (PPE) Supplies

<table>
<thead>
<tr>
<th>Product Name/Type</th>
<th>Potential Source</th>
<th>Contact Info</th>
<th>Approximate Cost</th>
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<tbody>
<tr>
<td>Plastic aprons</td>
<td>Grainger</td>
<td>(800) 472-4643 <a href="http://www.grainger.com">www.grainger.com</a></td>
<td>$199.20 per package of 100</td>
</tr>
<tr>
<td>Tyvek coverall with attached hood, elastic wrists and ankles</td>
<td>Enviro Safety Products, Valencia, CA 91355</td>
<td>(800) 637-6606 Fax: (559) 746-0317 <a href="http://www.envirosafetyproducts.com">www.envirosafetyproducts.com</a></td>
<td>$114.99 per package of 25</td>
</tr>
<tr>
<td>White disposable gowns</td>
<td>eSafety Supplies City of Industry, CA 91746</td>
<td>(877) 693-3754 (626) 369-1280 <a href="http://www.esafetysupplies.com">www.esafetysupplies.com</a></td>
<td>$30.03 per package of 50</td>
</tr>
<tr>
<td>Disposable plastic boots (&quot;Knot-a-Boot&quot;)</td>
<td>QC Supply Schuyler, NE 68661</td>
<td>(800) 433-6340 (402) 352-3167 <a href="http://www.qcsupply.com">www.qcsupply.com</a></td>
<td>$14.99 per box of 50</td>
</tr>
<tr>
<td>Virkon-S - use spray bottle for disinfection of soles of boots/shoes</td>
<td>Valley Vet Marysville, KS 66508</td>
<td>(800) 419-9524 Fax: (800) 446-5597 <a href="http://www.valleyvet.com">www.valleyvet.com</a></td>
<td>$70.95 per 10 lb container</td>
</tr>
<tr>
<td>Alcohol hand sanitizer- use product with at least 61% alcohol</td>
<td>Multiple sources Examples include Purell and 3M Avagard</td>
<td><a href="http://www.purell.com">www.purell.com</a> <a href="http://www.3m.com">www.3m.com</a></td>
<td>Purell: ~$1 per 2 oz bottle; 3M Avagard: $13.50 per 16 oz bottle</td>
</tr>
<tr>
<td>Single-use thermometer probe covers</td>
<td>Valley Vet Marysville, KS 66508</td>
<td>(800) 419-9524 Fax: (800) 446-5597 <a href="http://www.valleyvet.com">www.valleyvet.com</a></td>
<td>$2.49 per package of 30</td>
</tr>
<tr>
<td>Water and feed buckets</td>
<td>Valley Vet Marysville, KS 66508</td>
<td>(800) 419-9524 Fax: (800) 446-5597 <a href="http://www.valleyvet.com">www.valleyvet.com</a></td>
<td>~$4.49 per bucket</td>
</tr>
<tr>
<td>Disinfectable Halter and Lead</td>
<td>Valley Vet Marysville, KS 66508</td>
<td>(800) 419-9524 Fax: (800) 446-5597 <a href="http://www.valleyvet.com">www.valleyvet.com</a></td>
<td>$19.95 for halter and $7.49 for lead</td>
</tr>
<tr>
<td>Disinfectable Grooming Brush Set</td>
<td>Valley Vet Marysville, KS 66508</td>
<td>(800) 419-9524 Fax: (800) 446-5597 <a href="http://www.valleyvet.com">www.valleyvet.com</a></td>
<td>6.95 per brush set</td>
</tr>
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EHM INCIDENT COMMUNICATION

Overview
Equine Herpesvirus-1 neurologic disease or equine herpesvirus myeloencephalopathy (EHM) is a topic about which a great deal of information/misinformation continues to be posted on websites, blogs, Facebook postings, Twitter and Instagram. With the increasing popularity of social media, the need for timely and accurate communication during any EHV-1 incident is critical. Stakeholders have recognized the need for accurate, clear, consistent information in order to make well informed decisions about equine health management. When factual information is lacking, misinformation can spread quickly creating unnecessary anxiety among equine owners and others in the industry. For successful communications during an EHM incident, media training for individuals involved in EHV-1 messaging is strongly recommended. Risk communications training provides insight into the key W’s that need to be addressed in disease incident communications.

It is recommended that state animal health officials should establish a communication plan for an EHM incident well in advance of the incident. Appropriate contacts with industry, other state equine officials and federal resources should be made prior to the event of an incident. Drafting content for webpages, alerts and printed outreach materials prior to an incident will facilitate timely dissemination of accurate and useful information during the incident. State animal health officials should explore all modes of communication and utilize effective resources for communicating information.

To Whom to Communicate?
Initial communication during an EHM incident starts with the index premises. To encourage cooperation of all parties at the onset of the incident, face-to-face meetings between the facility owner(s), event manager(s), and horse owners/trainers on facilities with multiple horse owners such as boarding facilities or racetracks, practicing veterinarians and the state animal health official are highly recommended. Inclusion of the regulatory officials in the communication process helps to give the perspective of “we are in it together” for the welfare of the horse and the industry. All communication should target those impacted by the EHM incident, such as the individual horse owners, whose concern may be centered on how the disease occurrence affects their horse(s) and the economic impact from possible animal losses and restrictions on movement.

Once communications have taken place with the responsible person(s) on the index premises, information should be more widely disseminated to the equine industry at large to include but not limited to contacting the Equine Disease Communication Center (EDCC) (www.equinediseasecc.org).
(It is important to include information regarding when a quarantine was instituted as well as follow up information as to when the quarantine was lifted.)

Delay in communications will allow time for rumors to develop and spread. It is recommended that state animal health officials develop a communication network for dissemination of equine disease alert information within their states. Some states have successfully used email lists to distribute and alert key equine industry representatives and equine practitioners in the state. Those alerted should in turn disseminate the information to their respective constituents. An email notification system ensures a reliable source is providing a consistent message for the state. In addition to email alters, state animal health webpages and social media sites can host the most current factual information. States with large event facilities should consider a notification system for event facilities including race tracks.

**When to Communicate?**

Timeliness of communication is critical. However, it is essential to first consider the need to communicate the information. For example, a single horse out on pasture that has never left the premises and has no potential to expose another horse may not warrant communication to the entire equine industry as there is minimal risk outside of the horse’s index premises. However, a horse displaying neurologic signs five days after participating at a large national horse show along with a history of a fever preceding the development of neurologic signs, that has been confirmed positive test for EHV-1, presents a significant risk and warrants widespread dissemination of information on the status of the situation.

It is recommended that communications with the industry occur within 24 hours of the initial investigation and confirmation of the EHM case. States with experience in communicating EHM incidents have cautioned others that communicating about a suspect but not yet confirmed case of EHM may be premature as there are many differential diagnoses for a previously febrile horse that is now exhibiting neurologic signs. Therefore, it is recommended that only confirmed case information be disseminated to the industry. Where a rampant rumor mill situation exists, state animal health official action to clearly communicate the status of the situation is necessary. The state animal health official may want to acknowledge that an investigation is ongoing but that no cases of EHM have as of yet been confirmed and indicate when further information will be made available.

**What to Communicate?**

The key to communication is providing factual information that addresses the concerns of the industry. Do not speculate. The outreach to affected premises should include specific biosecurity recommendations and quarantine parameters. Owners of all identified exposed horses should be provided a temperature monitoring log for tracking twice daily temperatures and any other clinical signs.
There are multiple different stakeholders in equine disease communication. Generally equine stakeholders want to know if a particular EHM incident can impact them. For example, the individual horse owner is concerned about risk to his/her horse, the show manager is concerned about risk to their event, and the equine practitioner is concerned about risk to the health of the horses in their practice area. Each individual utilizes the information available to assess risk as it pertains to them and their role in an incident. The critical information state animal health official can provide to the stakeholders includes: how many horses are affected, the population of horses affected, potential exposures, and the measures implemented to limit the disease spread. This information can be in the form of social media alerts, webpage updates and printed outreach materials. State animal health officials are urged to place information on their department’s website.

State animal health officials, the AAEP and the AHC have developed a plan for a National Equine Disease Communication Center to assist dissemination of factual current information at www.equinediseasecc.org. The EDCC has been designed to become the central “go-to” source for information about equine infectious diseases that pose a threat to the horse industry and the website is intended to be a central communication resource for the equine industry to provide current, factual information regarding ongoing outbreaks in all fifty states.

Outlined below are some recommendations for regulators for messaging content for webpages, alerts, and social media.

1. **Recommended Website Content**
   a. See Definitions section of guidance document for case definitions to be posted to the website.
   b. Compatible Clinical Signs: See Definitions Section of Guidance Document
   c. Resources:
      i. USDA Webpage:
      ii. USDA Brochure:
      iii. AAEP Website
         1. Resources for Horse Owners:
            [https://aaep.org/sites/default/files/Documents/DiseaseFactsheetEHV.pdf](https://aaep.org/sites/default/files/Documents/DiseaseFactsheetEHV.pdf)
https://aaep.org/sites/default/files/Documents/DiseaseFactsheetEHM.pdf

2. Resources for Veterinarians
   a. EHV Control Guidelines:
   b. UC Davis: How to set up an Isolation Unit:

iv. Equine Disease Communication Center (EDCC)
   1. www.equinedisease.org

d. Alert about New Cases: Posted Daily
   i. Sample Verbiage to Include When Posting on Website: Day one
      1. On [X Date], a [X] year old, breed, sex, displaying mild/moderate/severe neurologic signs has been confirmed test positive for Equine Herpesvirus-1. The test positive horse has been quarantined and isolated in [X] County. Exposed horses have been quarantined and are being monitored twice daily for fever (temperature over 101.5° F) and other clinical signs. An epidemiological investigation has been initiated. State animal health officials will continue to monitor the situation.
   ii. Sample Verbiage To Include when Posting on Website: Subsequent Days
      1. No new cases have been detected. Epidemiologic investigation reveals no additional exposed horses beyond index premises.
      2. An exposed [X] year old, breed, sex, displaying a fever of 101.5°F has been confirmed positive for Equine Herpesvirus-1. This horse had direct exposure to the index horse and has been isolated. Exposed horses continue to be monitored. Epidemiologic investigation reveals horses participated in a show at [X] premises on [X date]. (After discussion and notification of event management.) State animal health officials are contacting owners of potential exposed horses. All exposed horses should have temperatures taken twice daily and be observed for any clinical sign consistent with EHM. Any temperature over 101.5° F or compatible clinical signs should be reported to a veterinarian for investigation and diagnostic testing.
3. The test positive horse has been released from quarantine based on two negative test results. No additional horses have been detected. The investigation has been closed.

e. Historic EHM Incidents
   i. Date and County
      1. Index case: a [X] year old, breed, sex, displaying mild/moderate/severe neurologic signs was euthanized or recovered. Laboratory results confirmed Equine Herpesvirus-1. [X] additional confirmed cases of EHM and [X] additional febrile horses confirmed test positive for EHV-1. All horses are recovering or [X] horses were euthanized. No epidemiologic link to any previous incidents. (Graphic Map of case premises locations would be helpful if anonymity of premises can be maintained).

2. Recommended Incident Specific Outreach Materials
   a. Answers to Commonly Asked Questions to include in outreach materials.
      i. When did the outbreak begin?
      ii. Where can I get the most current information on the outbreak?
      iii. Where do I report a suspect case?
      iv. What type of horses (use of horses e.g. rodeo, show, race, pleasure etc.) are primarily affected?
      v. Is my horse at risk?
      vi. Has there been spread of the disease?
      vii. Are there movement restrictions?
      viii. When will updates be available?
   b. Outreach for Premises
      i. Provide recommended Biosecurity Practices for EHM Premises
EHV-1 VACCINATION

Overview
Currently available vaccines against EHV-1 provide some protection against the respiratory and abortion forms of the disease but fail to protect against EHM. Unfortunately, there is insufficient data to make scientifically sound vaccination recommendations. The following summary information is offered for your consideration.

During a presentation at the EHV workshop held at USAHA in 2013 (http://www.usaha.org/upload/Committee/InfectiousHorses/report-hd-2013.pdf), a speaker indicated that there is scant scientific evidence of efficacy of any of the available vaccines against EHV-1 neurologic disease. The critical event in the pathology of neurologic disease is endothelial vasculitis and thrombosis in the central nervous system. There is little evidence that vaccination with any available product prevents or decreases either event. Also mentioned were two peer reviewed publications that actually showed there may be an association of recent or frequent vaccination of horses against EHV-1 with an increased risk for development of EHM during EHV-1 outbreaks.

Vaccination of competitive horses with EHV-1 products is common. For example: The USEF currently requires horses over 7 months of age to be vaccinated for EHV within six months prior to entering the grounds or stable areas of their sanctioned events. A number of racing jurisdictions have similar requirements. The current AAEP vaccination guidelines recommend vaccination for EHV every 6 months for: animals on facilities with frequent horse movement, show and performance horses, racetracks and other high risk environments and horses less than 5 years of age.

EHV-1 Vaccination Considerations
Several EHV-1 vaccines currently marketed in North America carry a label claim for the control of respiratory disease induced by EHV-1 and EHV-4. These are multi-component inactivated vaccines specifically (as of January 2018) Prestige® (Merck), Calvenza®, Vetera (Boehringer Ingelheim Vetmedica) and Fluvac Innovator® (Zoetis) and the single antigen modified live vaccine Rhinomune® (Boehringer Ingelheim Vetmedica). Additionally, there are two EHV-1 inactivated vaccines licensed for the prevention of abortion and respiratory disease; these vaccines are Pneumabort-K® (Zoetis) and Prodigy® (Merck). There are currently no EHV-1 vaccines licensed to prevent EHM.
It has been suggested that some EHV vaccines may assist in limiting the spread of EHV-1 in outbreak situations by limiting nasal shedding of EHV-1 and thus dissemination of virus. For this reason, some experts hold the opinion that there may be an advantage to vaccinating in the face of an outbreak. Based upon the current available literature, the vaccines with the greatest ability to limit nasal shedding and viremia of the neuro virulent strain include the vaccines licensed for control of abortion (Pneumabort-K® & Prodigy®), the MLV vaccine (Rhinomune®) and another inactivated vaccine for prevention of respiratory disease (Calvenza®).

It is recognized that in an outbreak situation, some veterinarians, owners and/or trainers may elect to vaccinate horses on the premises. Thoughtful consideration should be given before this activity is initiated. If this approach is pursued, it is important to understand the following:

1. There are no EHV-1 vaccines currently licensed to prevent EHM.
2. Only afebrile and asymptomatic horses should be vaccinated and protection against clinical EHM should not be an expectation.
3. A certain percent of vaccinated animals will respond with a low grade fever, lethargy and/or injection site discomfort for anywhere from 24 -72 hours (or longer) post vaccination. These fevers can exceed 101.5° F.
4. Horses with post-vaccination fevers can increase the number of animals meeting isolation, monitoring and testing requirements and increase the cost of outbreak management.
5. The current/previous vaccination status of each animal should be obtained and evaluated as part of this decision process.
6. Vaccination should not be considered a substitute for or equivalent to implementation of good biosecurity measures.

For additional vaccination guidance see the American Association of Equine Practitioners EHV-1 Vaccination Guidance for Private Practitioners at visit https://aaep.org/guidelines/vaccination-guidelines
APPENDIX

1. Quarantine Risk Assessment
2. Exposure Risk Assessment
3. Premises Biosecurity Risk Assessment
4. Quarantine Release Assessment
5. EHM Case Investigation Form
6. EHV-1 Exposed/Trace Horse Investigation Form
7. Flow Charts
# QUARANTINE RISK ASSESSMENT

Assessment of management practices seven (7) days prior to and subsequent to identification of the index EHM case.

<table>
<thead>
<tr>
<th>Level of Isolation of Infected Horses:</th>
<th>Yes</th>
<th>No</th>
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</thead>
<tbody>
<tr>
<td>(Any yes answer is considered an increased risk)</td>
<td></td>
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<tr>
<td>Is it possible for the infected horse to have nose-to-nose contact with other horse(s)?</td>
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<tr>
<td>Can the infected horse place its head into a common alleyway and make physical contact with humans, equipment or other horses?</td>
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<tr>
<td>Are there openings in the stall sides between the infected horse stall and the stall next to him?</td>
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<tr>
<td>Is the nearest horse stalled closer than 30 feet to infected horse(s)?</td>
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<tr>
<td>Is there a horse in the stall(s) adjacent to the infected horse?</td>
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<tr>
<td>Is there a horse in the stall(s) across the alley from the infected horse?</td>
<td></td>
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<tr>
<td>Is the infected horse turned out into a pasture or paddock which other horses use?</td>
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<tr>
<td>Do the same personnel handle healthy and infected horses?</td>
<td></td>
<td></td>
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<tr>
<td>Is disposal of manure from isolated horse unrestricted?</td>
<td></td>
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<tr>
<td>Are dogs permitted in the stabling areas?</td>
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<td></td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Sharing Equipment or Personnel</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>(Any yes answer indicates a potential means of EHV-1 spread)</td>
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<tr>
<td>Does any other horse have access to the infected horse’s water bucket?</td>
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<td></td>
</tr>
<tr>
<td>Does any other horse have access to the infected horse’s feed bucket?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Does any other horse have access to the infected horse’s halter or other tack?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Does any other horse have access to the infected horse’s grooming equipment?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Does any other horse share crossties with the infected horses?</td>
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<td></td>
</tr>
<tr>
<td>Does any other horse have access to personnel who have worked directly with the infected horse (to include but not limited to veterinarian, farrier, feed or delivery personnel and stall cleaners)?</td>
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</tr>
<tr>
<td>When watering horses, is the end of the hose submerged into the infected horse’s water bucket?</td>
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<td></td>
</tr>
<tr>
<td>When feeding horses, does the common grain scoop make contact with the individual stall feed tubs?</td>
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<td></td>
</tr>
<tr>
<td>Are the wheeled vehicles (tractors, gators, wheelbarrows) shared for movement of hay, feed, shavings and manure?</td>
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<td></td>
</tr>
</tbody>
</table>

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<thead>
<tr>
<th>Protective Equipment</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>(Any no answer may lead to increases in disease spread)</td>
<td></td>
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<tr>
<td>Is a footwear disinfection required every time a person enters and exits an infected horse’s area during the quarantine period?</td>
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<tr>
<td>Is there minimal organic material in the footbath?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Are footbaths changed at least daily or more frequently in high traffic areas?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Are boot covers or boot disinfection required when handling infected horse?</td>
<td></td>
<td></td>
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<tr>
<td>Are separate coveralls or clothes required when handling the infected horse?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Are disposable waterproof gloves required when handling infected horse?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Is everyone, including visitors, provided requirements or information regarding the biosecurity measures in place?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Are coveralls disposed of or laundered after each entry into the infected horse stabling area?</td>
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<td></td>
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</tbody>
</table>
Exposure Risk Assessment

Exposure Risk: Answers of “Yes” signify increased risk of disease agent spread (Time period for assessment: 7 days prior to diagnosis of EHM and 7 days post diagnosis of EHM case.)

Is the exposed horse showing clinical sign(s) of disease? __________

Did the exposed horse(s) have direct contact with an infected/ sick horse in the stabling area? ______

Did the exposed horse(s) have direct contact with infected/ sick horse in any common area? ______

Did the exposed horse(s) have direct contact with infected/ sick horse in any exercise area? ______

Did the exposed horse(s) have contact with infected/ sick horse in any pastures or paddocks? ______

Did the exposed horse(s) have contact with equipment used on the infected/sick horse? ______

Did the exposed horse(s) have contact with people handling/feeding the infected/sick? ______

Did the exposed horse(s) have contact with infected/ sick horse during shipment to the premises? ______

General Exposure Risk Quarantine Guidelines

<table>
<thead>
<tr>
<th>Low-Exposure Risk Horse</th>
<th>No known exposure on index EHM case premises</th>
<th>Minimal risk; recommend monitoring for clinical signs.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Medium-Exposure Risk Horse</td>
<td>Potential exposure on index EHM case premises</td>
<td>Recommend monitoring body temperature of horse for 14 days</td>
</tr>
<tr>
<td>High-Exposure Risk Horse</td>
<td>Known direct contact with index EHM case</td>
<td>Recommend Quarantine and Isolation Monitoring and testing of any horse which develops fever or neurologic signs. (*Note: If testing non-clinical horses, must have a plan in advance on how to handle a positive result)</td>
</tr>
</tbody>
</table>
Premises Biosecurity Assessment

Disease risk cannot be completely eliminated from an equine premises as these premises are seldom closed to both new arriving horses or equine service providers. An evaluation of current management practices will help identify potential biosecurity risks which should be addressed in the quarantine.

<table>
<thead>
<tr>
<th>Minimal Biosecurity Risk</th>
<th>Medium Biosecurity Risk</th>
<th>High Biosecurity Risk</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Stalls</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Walls</td>
<td>Solid</td>
<td>Half walls</td>
</tr>
<tr>
<td>Material</td>
<td>Metal</td>
<td>Treated wood (non-porous)</td>
</tr>
<tr>
<td><strong>Isolation Area</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Isolation Location</td>
<td>Available designated empty barn or paddock/pen/pasture isolated away from all other stalls</td>
<td>One empty barn at the end of the barns</td>
</tr>
<tr>
<td>Personnel Access</td>
<td>Isolation personnel access only</td>
<td>Limited access</td>
</tr>
<tr>
<td>Vehicle Access</td>
<td>Restricted vehicle access with monitoring at entrance to premises and isolation stabling</td>
<td>Restricted vehicle access with no monitoring of entrance</td>
</tr>
<tr>
<td><strong>Feed and Water</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Feed storage</td>
<td>Covered hay and sealed containers for feed kept in a separate secure stall</td>
<td>Secure storage stall with open feed bags and uncovered hay</td>
</tr>
<tr>
<td>Water sources</td>
<td>Only individual water buckets in use</td>
<td>Stream or large water source</td>
</tr>
<tr>
<td>Separation of Feed and Manure Handling Equipment</td>
<td>Complete separation of feed and manure handling equipment</td>
<td>Limited separation of feed and manure handling equipment</td>
</tr>
<tr>
<td>Wash Stall Area</td>
<td>Minimal Biosecurity Risk</td>
<td>Medium Biosecurity Risk</td>
</tr>
<tr>
<td>-----------------</td>
<td>--------------------------</td>
<td>-------------------------</td>
</tr>
<tr>
<td>Horse-to-Horse Contact</td>
<td>No nose-to-nose contact possible</td>
<td>Limited duration or frequency of nose-to-nose contact possible</td>
</tr>
<tr>
<td>Equipment</td>
<td>No Sharing of Equipment</td>
<td>Restricted sharing of equipment (i.e., horses in same barn)</td>
</tr>
<tr>
<td>Hose Contact with Horse</td>
<td>Horse never makes direct contact with hose</td>
<td>Horse makes limited direct contact with hose</td>
</tr>
<tr>
<td>Hose Placement</td>
<td>Hose is hung on wall after each use</td>
<td>Hose is sometimes hung after each use</td>
</tr>
<tr>
<td>Fecal Material</td>
<td>Removed Immediately</td>
<td>Routinely removed throughout the day</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Horse Commingling Areas</th>
<th>Minimal Biosecurity Risk</th>
<th>Medium Biosecurity Risk</th>
<th>High Biosecurity Risk</th>
</tr>
</thead>
<tbody>
<tr>
<td>Exercise Area</td>
<td>No shared exercise areas: All horses exercise independently</td>
<td>Shared exercise area with minimal possible direct horse-to-horse contact</td>
<td>Shared exercise area with direct horse-to-horse contact</td>
</tr>
<tr>
<td>Pastures/Paddocks Area</td>
<td>No shared pasture/paddocks all horses in designated individual pasture/paddock</td>
<td>Shared pasture/paddocks with minimal direct horse-to-horse contact</td>
<td>Shared pasture/paddocks with direct horse-to-horse contact</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Parking</th>
<th>Minimal Biosecurity Risk</th>
<th>Medium Biosecurity Risk</th>
<th>High Biosecurity Risk</th>
</tr>
</thead>
<tbody>
<tr>
<td>Trailer Feed/Hay/Shavings Trucks</td>
<td>Restricted trailer parking, monitored and separate from barn area and not accessible by visitors</td>
<td>Shared parking, but separate from visitor access</td>
<td>Unrestricted parking next to horse barns and accessible to visitors</td>
</tr>
<tr>
<td>Visitor</td>
<td>Restricted visitor parking, monitored and separate from barn and trailer parking</td>
<td>Shared parking, but separate from trailer parking</td>
<td>Unrestricted Parking</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>TOTALS</th>
<th>Minimal Biosecurity Risk</th>
<th>Medium Biosecurity Risk</th>
<th>High Biosecurity Risk</th>
</tr>
</thead>
</table>
QUARANTINE RELEASE ASSESSMENT

Index EHM Case Information:

Clinical Onset Date:

Date of Isolation or Removal from Premises:

General Quarantine Release Criteria:

Was the EHM case euthanized? □ yes □ no

Was the EHM case adequately isolated within 12 hours of detection of neurologic signs, from other horses on premises? □ yes □ no

If no should extend quarantine release time.

Quarantine Options (One or more yes responses may warrant quarantine release)

Has it been 21 days since onset date of last EHM case? □ yes □ no

Are there negative test results on exposed horses? □ yes □ no

Evaluation of Infected Premises Status

(If answer no to all questions, quarantine release is recommended at 21 days after last onset date of clinical signs of the last case.)

Have the horse’s temperatures been monitored since first case of disease was detected? □ yes □ no

Has a temperature log been maintained? (Review Log) □ yes □ no

Have any exposed horses had a fever (rectal temperature greater than 101.5 °F)? □ yes □ no

Have any exposed horses displayed any clinical signs compatible with EHV-1 infection? □ yes □ no

Has the EHM case had direct contact with any horses since confirmation of EHM? □ yes □ no

Testing for Quarantine Release:

(If answer yes to all questions, quarantine release is recommended.)

Were diagnostic samples obtained? □ yes □ no

Were samples obtained 14 days after removal of EHM case or 21 days after onset date of last EHM case or resolution of last febrile case. □ yes □ no

Were negative PCR results obtained for all samples tested? □ yes □ no
Equine Herpesvirus Myeloencephalopathy Case Investigation Form

Investigator: __________________________ Date: __________________________

Veterinary Contact Information:
Veterinarian_________________________ Contact phone_____________________
Clinic name____________________________________________________________

Owner Information
Last name________________________ First name_____________________________
Address______________________________________________________________
City________________________ State__________ Zip__________________________ County________________
Phone Number________________________ Email Address____________________

Point of Contact if Different than Owner __________________________________

Current Horse Location
Address______________________________________________________________
City________________________ State__________ Zip__________________________ County________________

Type of Facility
☐ Private Residence ☐ Show Grounds ☐ Racetrack
☐ Boarding Facility ☐ Training Facility ☐ Breeding Facility

Premises Information
Barn Manager/ Trainer/ Event Manager Name____________________________________
Contact Phone Number____________________________________________________
Contact Email Address____________________________________________________

Total Number of Horses on the premises ____________
Total Number of Barns on the premises ____________
Is there an isolation barn or area on the premises? ☐ yes ☐ no
Are all horses on premises owned by the same Individual? ☐ yes ☐ no
Describe Stall/ Barn Facility: (Panel fencing access to other horses, half boarded walls and bars
access to other horses, stall is at the end with no other horses etc.) (Attach photos or google earth map)
Positive EHM Case Record

Name: __________________________ Microchip/Brand: __________________________
Breed: __________________________ Gender: Mare | Stallion | Gelding Age: ______
Primary Use: __________________________
Level of Exercise at time of confirmation: __________________________
Stabling: □ Stall □ Paddock/Corral □ Pasture

Dates of EHV-1 Vaccination(s): ___________ Name of Product Administered: ___________

Date of onset of initial clinical sign(s)?
Clinical Signs Observed in Affected Horse: Check all that apply and write date of onset
□ Ataxia __________ □ Colic __________ □ Fever _____ °F __________
□ Flaccid Tail __________ □ Hindend Weakness __________ □ Incoordination __________
□ Lethargy __________ □ Limb Edema __________ □ Nasal Discharge __________
□ Recumbent __________ □ Dribbling Urine __________ □ Abortion __________
□ Unable to rise __________ Other: __________________________________________________________________________

Was the horse euthanized? □ yes □ no If yes, what date? ________________
Was the horse necropsied? □ yes □ no If yes, where? ________________

Laboratory Results
Laboratory Name: __________________________ Phone Number: __________________________

<table>
<thead>
<tr>
<th>Date Collected</th>
<th>Sample Type</th>
<th>Type of Test</th>
<th>Strain Type Detected</th>
<th>Quantitative Result</th>
</tr>
</thead>
<tbody>
<tr>
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</table>

Travel History: List all locations where the horse has been the 2 weeks prior to onset of clinical symptoms?

<table>
<thead>
<tr>
<th>Date of Travel</th>
<th>Reason For Travel (Event Name)</th>
<th>Destination City, State</th>
<th>Transportation Method</th>
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<tbody>
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Comments:
Exposed Horse Information

Total Number of horses with clinical signs consistent with EHV-1: ________________

Total Number of non-clinical EHV-1 test positive horses: ________________

Are temperatures taken twice daily on all horses? □ yes □ no

Have any horses died over the last two weeks? □ yes □ no

If yes, provide number of dead horses and clinical presentation prior to death: ________

Are horses on a routine EHV-1 vaccination plan? □ yes □ no

Date of Last Vaccination: ________________ Product Administered: ________________

Exposed Horses Demographics: (List any potentially exposed horse)

<table>
<thead>
<tr>
<th>Name</th>
<th>Breed</th>
<th>Age</th>
<th>Sex</th>
<th>Date Clinical Onset</th>
<th>Fever/ Neuro/ None</th>
</tr>
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</table>

List any horses which have left the premises over the last two weeks?

<table>
<thead>
<tr>
<th>Date of Departure</th>
<th>Horse’s Name &amp; Description</th>
<th>Destination Premises Name &amp; Contact Name</th>
<th>Destination Contact Phone Number</th>
<th>Destination Premises Location</th>
</tr>
</thead>
<tbody>
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Investigation Comments:

Quarantine Number  Issue Date
Equine Herpesvirus Myeloencephalopathy Case Investigation Form

Investigator: ___________________________ Date: ___________________________

Veterinary Contact Information:
Veterinarian ___________________________ Contact phone ___________________________
Clinic name ___________________________

Owner Information
Last name ___________________________ First name ___________________________
Address ___________________________
City __________________ State ___________ Zip ___________ County __________________
Phone Number ___________________________ Email Address ___________________________

Point of Contact if Different than Owner ___________________________

Current Horse Location
Address ___________________________
City __________________ State ___________ Zip ___________ County __________________

Type of Facility
☐ Private Residence ☐ Show Grounds ☐ Racetrack
☐ Boarding Facility ☐ Training Facility ☐ Breeding Facility

Premises Information
Barn Manager/ Trainer/ Event Manager Name ___________________________

Contact Phone Number ___________________________
Contact Email Address ___________________________

Total Number of Horses on the premises ___________
Total Number of Barns on the premises ___________
Is there an isolation barn or area on the premises? ☐ yes ☐ no
Are all horses on premises owned by the same Individual? ☐ yes ☐ no
Describe Stall/ Barn Facility: (Panel fencing access to other horses, half boarded walls and bars access to other horses, stall is at the end with no other horses etc.) (Attach photos or google earth map)
Trace Horse Record

<table>
<thead>
<tr>
<th>Name</th>
<th>Microchip/Brand</th>
</tr>
</thead>
<tbody>
<tr>
<td>Breed</td>
<td>Gender (Mare</td>
</tr>
</tbody>
</table>

Primary Use

Level of Exercise at time of confirmation

Stabling

- Stall
- Paddock/Corral
- Pasture

Dates of EHV-1 Vaccination(s)

Name of Product Administered

<table>
<thead>
<tr>
<th>Any clinical sign(s)? Check all that apply and write date of onset</th>
</tr>
</thead>
<tbody>
<tr>
<td>□ Ataxia _______</td>
</tr>
<tr>
<td>□ Flaccid Tail _______</td>
</tr>
<tr>
<td>□ Lethargy _______</td>
</tr>
<tr>
<td>□ Recumbent _______</td>
</tr>
</tbody>
</table>

Other: ________________________________

Investigation Comments:

NOTE: If any horses on this property display neurologic signs then the full case epi investigation shall be completed.
**EHM Suspect (Compatible Clinical Signs)**

- **Sample Collection**
  - Nasal Swab (Synthetic Swab inserted 5 inches into nasal cavity for 15 seconds) AND 10 ml Whole Blood (EDTA)
  - Necropsy Tissue Samples

- **LABORATORY PCR TESTING**
  - Screening Assay: Glycoprotein B gene
  - Differentiation Assay: DNA Polymerase gene

- **Positive Result**
  - Blood Positive = Viremia
  - Nasal Swab Positive = Viral Shedding

- **Assessment for Scope of Quarantine** (Risk Assessment – See appendix)

- **High Risk**
  - Euthanized Index EHM Case
  - Index EHM case moved offsite within 12 hours
  - Index EHM case immediately isolated onsite at least 30 feet away from all other horses
  - All horses test negative
  - Limited to no horse to horse contact
  - High biosecurity standards verified during risk assessment

- **Low Risk**
  - Exposed and/or Clinical Horses tested 14-21 days from the last febrile/clinical case
  - Confirmed cases have two negative test results (blood and nasal swab) from samples collected at least 7 days apart.
  - Minimum of 14 days Quarantine Release if the immediate removal of index case, all exposed horses onsite monitored and verified twice daily temperature monitoring and verified high level of biosecurity

- **Quarantine Index and High Risk Exposed Horses or Entire Premises**

- **Quarantine Index EHM Case Only**

- **Release with Testing**

- **21 day Release Without Testing**

- **Isolate Onsite as far away from other horses as possible (minimum 30 feet)**
- **Remains On Site NOT ISOLATED**
- **Moved Offsite NOT ISOLATED**
- **Euthanize**

**High Risk**
- High Viral Shedding
- Index horse not isolated within 12 hours
- Index EHM horse within 30 feet of other horses
- Routine use of shared equipment without cleaning and disinfecting
- Poor biosecurity management practices observed during risk assessment

**Low Risk**
- Euthanized Index EHM Case
- Index EHM case moved offsite within 12 hours
- Index EHM case immediately isolated onsite at least 30 feet away from all other horses
- All horses test negative
- Limited to no horse to horse contact
- High biosecurity standards verified during risk assessment

**Quarantine Index EHM Case Only**

**Release with Testing**
- Exposed and/or Clinical Horses tested 14-21 days from the last febrile/clinical case
- Confirmed cases have two negative test results (blood and nasal swab) from samples collected at least 7 days apart.
- Minimum of 14 days Quarantine Release if the immediate removal of index case, all exposed horses onsite monitored and verified twice daily temperature monitoring and verified high level of biosecurity

**21 day Release Without Testing**
- No horses tested
- No clinical disease among exposed horses within 14 day period
- Adequate biosecurity verified by onsite inspection
- Verified twice daily temperature monitoring with no fevers within previous 14 days.
Recommended Biosecurity Measures for an EHM Affected Premises

- **Quarantine Animals and/or Premises**
  - Restrict Movement and access
  - Post Visible Quarantine Signage
  - Communicate Quarantine Parameters to all on premises (email, phone, meeting)
  - Notify Regulatory Official of any breaches in Quarantine

- **Monitoring Horses**
  - Obtain and record body temperatures on all horses twice daily (ideally first thing in the morning and last thing in the evening)
  - Report temperatures of 101.5°F to veterinarian
  - Monitor all horses for compatible clinical signs (oculonasal discharge, limb edema, and neurologic signs such as wobbly gait, weakness, urine dribbling, lack of tail tone and recumbency)

- **Restrict Access to Exposed**
  - Restrict personnel access to only necessary individuals for the care of exposed horses
  - Do not permit dogs in the horse stabling areas.
  - Avoid tying horses to fences or in close proximity to each other.

- **Limit Horse to Horse Contact**
  - Limit potential horse contact in common areas such as wash stalls, aisle ways, and arenas.
  - Use designated equipment for each horse to avoid sharing.

- **Eliminate Sharing of Equipment and Personnel**
  - Clean and disinfect all brushes, halter, cross ties, lead ropes and tack which have been previously shared.
  - Use individual equipment for each horse to avoid sharing.

- **Clean and Disinfect**
  - Clean all surfaces of dirt and manure before applying disinfectant (10% bleach solution)
  - Completely clean and disinfect the stall of infected horses and contaminated equipment.
  - Proper disposal of potentially contaminated materials
  - Encourage use of foot baths which are regularly cleaned.

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**Isolation Parameters**
- Isolate clinical cases at least 30 feet from all other horses.
- Restrict access to designated individual to care for isolated case (should not handle other animals on the property)
- Place footbath and hand sanitizer outside each isolation stall and require use.
- Wear disposable gloves when handling isolated horses.
- Utilize disposable coveralls or change of clothes designated for isolation area only.
- Use designated equipment (i.e. stall cleaning supplies, halter, feed tubs, water bucket etc.) for isolation area only.
- Handle isolated horses last.
COMMUNICATIONS DURING AN EHM INCIDENT
(Within 24 hours of initial investigation)

ONSITE COMMUNICATIONS
(Recommend face to face meeting of all entities at time of confirmation)

Veterinarian

Messages:
• Advise on Sample Type, Type of Test, Interpretation and which population to test
• Request assistance in communications to horse owners/trainers

Horse Owners/Trainers

Messages:
• Explain disease agent, incubation period, clinical signs, quarantine restrictions, quarantine release parameters
• Provide overview of biosecurity measures to be implemented.

Stable Workers

Messages:
• Specific biosecurity instructions, how to use foot baths, how to clean and disinfect equipment
• Explain importance of measures and potential consequences

OFFSITE COMMUNICATIONS

Can the EHM incident impact others in the horse industry?

YES

Offsite communications are necessary

NO

NO further communication is necessary

Notification of Case
Confirmation to
Industry and State Animal Health Officials

Information to communicate:
• Case details: County location, index horse clinical signs, diagnostic test result (strain type sample positive), index horse status (stable and being monitored, euthanized, recovering)
• Regulatory Action: Quarantine, isolation, epidemiologic investigation
• Recommendations for exposed horses

Mechanisms of Communications
• Website Update (daily if high profile EHM incident)
• Press Release
• EDCC Update
• Social Media
EXPOSED HORSE INVESTIGATION

Determine Exposure Risk
AND
Assessment of Scope of Quarantine
(See Appendix for Exposure Assessment)

High Risk

- Direct Contact with Index EHM Case
- Indirect Contact with Index EHM Case
  - Shared Stabling or if in shared pasture or direct contact pasture
  - Shared halter, bit, bridle, leadrope
  - Shared grooming equipment such as brushes and wipe rags
  - Shared feedtubs or water buckets
  - Shared Personnel (stall cleaners, grooms, riders, farriers, etc)
- Poor Biosecurity Management Practices observed during risk assessment

See premises matrix to determine specific risk factors to assess based on facility type.

Low Risk

- No direct contact with Index EHM case or Limited to no horse to horse contact
- No indirect contact with Index EHM
- Immediate removal or Isolation of EHM case
- High biosecurity standards verified during risk assessment

Minimal Exposure Risk
Does not warrant Quarantine

- No need to monitor for clinical signs

Moderate to High Exposure Risk
Implement Quarantine, Enhanced Biosecurity Measures And Movement Restrictions

- Trace to determine potential source of infection to Index EHM Case
- Horses Exposed 10-14 days Ago
- Monitor for Clinical Signs and Take Temperature Twice Daily for 14 days from last known exposure
- Report Fever or Clinical Signs to Veterinarian

ISOLATE ANY HORSE SHOWING CLINICAL SIGNS AND Contact Veterinarian
**Recommended Biosecurity Measures for an EHV-1 Exposed Horses/Premises**

**Monitoring Horses**
- Obtain and record body temperatures on all horses twice daily (ideally first thing in the morning and last thing in the evening)
- Report temperatures of 101.5°F to veterinarian
- Monitor all horses for compatible clinical signs such as oculonasal discharge, abortion, limb edema, and neurologic signs such as wobbly gait, weakness, urin dribbling, lack of tail tone and recumbency
- Report any compatible clinical signs to veterinarian.
- Designate individual to oversee horse health to ensure temperature monitoring and observations are completed
- Keep written log of results of monitoring

**Limit Horse to Horse Contact**
- Limit potential horse contact in common areas such as wash stalls, aisle ways, tie rails, and arenas.
- Avoid tying horses to fences or in close proximity to each other.
- Limit exposure to respiratory secretions from horses that are heavy breathing during/after exercise

**Limit Access to Exposed Horses**
- Restrict personal access to only necessary individuals for the care of exposed horses
- Do not permit dogs in the horse stabling areas.
- Restrict vehicle traffic from horse stabling area.

**Eliminate Sharing of Equipment and Personnel**
- Avoid use of communal water troughs
- Clean and disinfect all brushes, halter, cross ties, lead ropes and tack which have been previously shared
- Use individual equipment for each horse to avoid sharing.
- If equipment must be shared then clean and disinfect before and after each use.
- Do not allow the hose to enter or contact bucket when filling water buckets.

**Clean and Disinfect**
- Clean all surfaces of dirt and manure before applying disinfectant (example: 10% bleach solution) Optimal to wash with soap and water then disinfect.
- Completely clean and disinfect the stall of clinical horses and contaminated equipment.
- Proper disposal of potentially contaminated materials

**Isolation Parameters**
- Isolate clinical cases at least 30 feet from all other horses.
- Restrict access to designated individual to care for isolated case (ideally, should not handle other animals on the property. If handle other horses on premises handle isolated horses last.)
- Place footbath and hand sanitizer outside each isolation stall and require use.
- Wear disposable gloves when handling isolated horses.
- Utilize disposable coveralls, foot wear covers, glasses or a set of clothes and footwear designated for isolation area only
- Use designated equipment (ie stall clearing supplies, halter, feed tubs, water bucket etc.) for isolation area only
EHV-1 References


3. Pusterla, N. et al. (2016) Prevalence factors associated with equine herpesvirus type 1 infection in equids with upper respiratory tract infection and/or acute onset neurological signs from 2008 to 2014. Veterinary Record, 178(3), 70.


10. “Awakening the Dormant Dragon: Neurological Form of EHV-1. White Paper on EHM” prepared by the Center for Equine Health and the School of Veterinary Medicine at University of California, Davis; May 2011. [link]


